

# 2010 Summer Camps

## camp information

### Session I – "Basketball 101"

This session is designed to teach the little guys and gals **about** the game of basketball. It promises to be jam packed with basketball concepts such as basic fundamentals, basketball court awareness, communication and team building skills. We will also encourage competition via small group contests and games.

When: July 12-15

Time: 9am—noon

Who: Boys and Girls ages 6-10

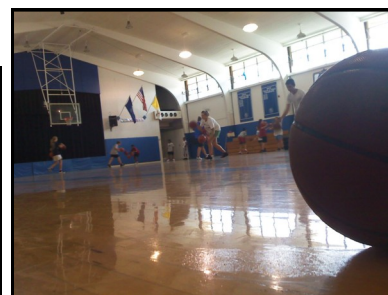
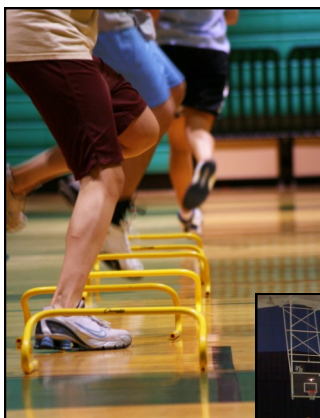
Where: Star of the Sea Catholic Church

Cost: \$100.00

(Sibling Discount—10% off each enrollment when brother/sister registers)

**Includes T-shirt and daily treat**

**How:** Complete registration form below and mail, along with check made out to "HRBA" to 1901 Falling Sun Circle / Virginia Beach, VA / 23454.



### Session II – "Preparing for the Next Level"

This session is designed for the pre-teen to high school athlete. It will emphasize work ethic, communication skills, fundamental development, teamwork and court awareness. This week will offer precise, consultative instruction to all participants no matter what their next level!

When: July 19-22

Time: 9am—noon

Who: Boys and Girls ages 11-17

Where: Star of the Sea Catholic Church

Cost: \$110.00

(Sibling Discount—10% off each enrollment when brother/sister registers)

**Includes T-shirt and daily treat**

**How:** Complete registration form below and mail, along with check made out to "HRBA" to 1901 Falling Sun Circle / Virginia Beach, VA / 23454.

## about HRBA

Expect great things from hard work and dedication. Establish core principles in young student-athletes which include believing in yourself, discipline, a desire to improve, and winning or losing as a team. **This is the foundation of the HRBA.** We are designed to help athletes in Virginia Beach and surrounding areas increase their basketball skill set and physical condition.

Please visit [www.hrbasketballacademy.com](http://www.hrbasketballacademy.com) or call Ken @ 757-270-3112 for details or questions.



- Registration deadline - June 26th.
- Camper limit is 60 per session - Register Now!

### registration

Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Age \_\_\_\_ Gender \_\_ School \_\_\_\_\_ Session (circle one) **I** or **II** T-shirt size (circle one) **Youth** S M L **Adult** S M L XL

Parent/Guardian \_\_\_\_\_ Phone \_\_\_\_\_

### emergency contact

Name \_\_\_\_\_ Phone \_\_\_\_\_ Alternate phone \_\_\_\_\_

### waiver form

I do hereby acknowledge that my child's participation in the Hampton Roads Basketball Academy camp is purely and entirely voluntary and that the camp shall not in any way be held responsible or liable for any injuries, ailments and/or disabilities my child may encounter as a result of such participation. I understand the nature of potential risks from injury, and I agree to accept those risks. I release the camp and its employees from any and all actions for injuries while at camp.

Parent/Guardian \_\_\_\_\_

Date \_\_\_\_\_